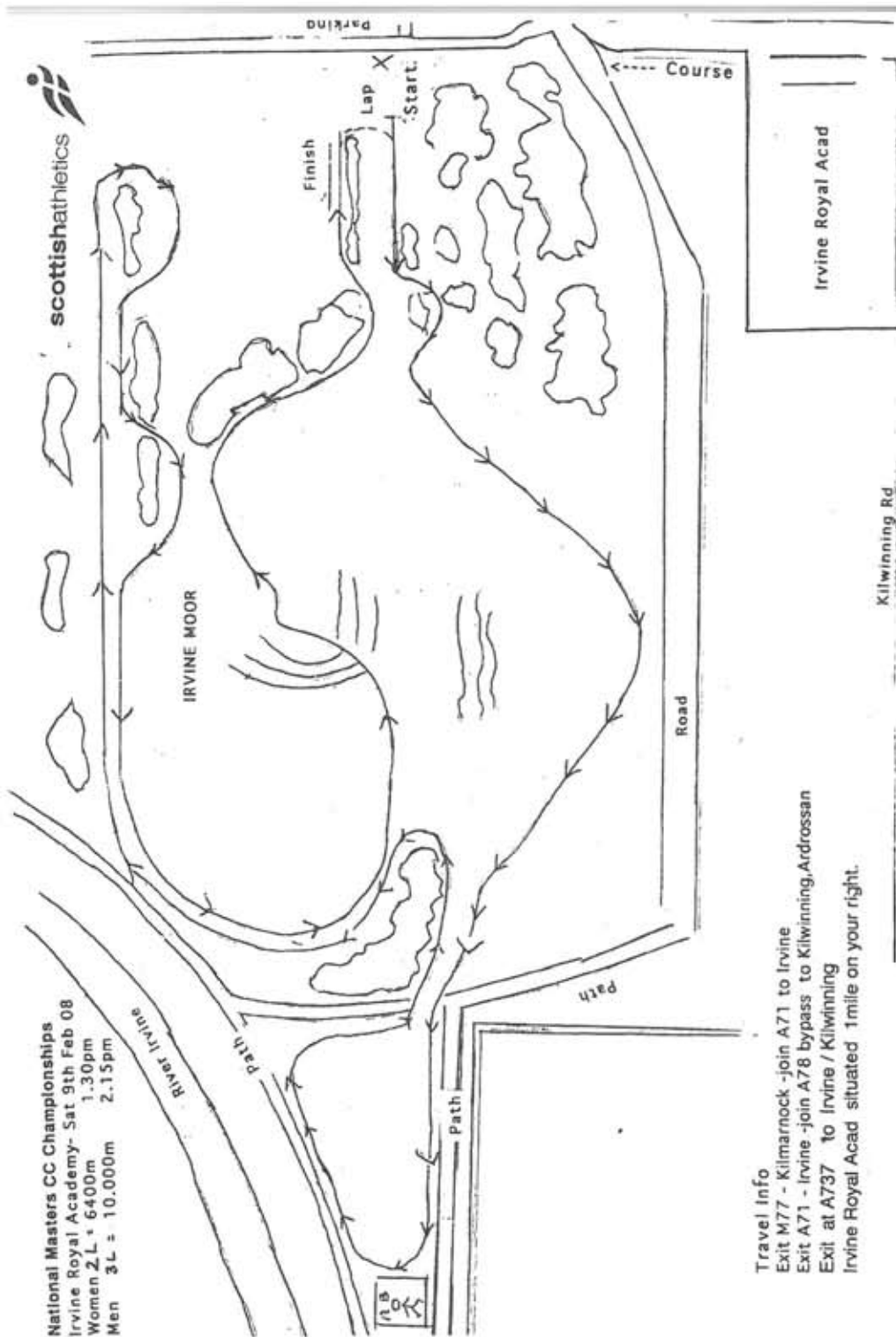


National Masters CC Championships
Irvine Royal Academy- Sat 9th Feb 08
Women 2L = 6400m 1.30pm
Men 3L = 10,000m 2.15pm



Travel Info
Exit M77 - Kilbarnock -join A71 to Irvine
Exit A71 - Irvine -join A78 bypass to Kilwinning, Ardrossan
Exit at A737 to Irvine / Kilwinning
Irvine Royal Acad situated 1 mile on your right.



scottishathletics NATIONAL MASTERS CROSS COUNTRY CHAMPIONSHIPS
IRVINE (Royal Academy)
SATURDAY 9th February 2008

PROGRAMME OF RACES

RACE	DECLARATIONS CLOSE	RACE STARTS	DISTANCE
Women (over 35)	1.00	1.30	6,400 metres
Men (over 35)	1.45	2.15	10,000 "

Masters Women

Declarations Close- 1.00

2007 Winner- Susan Finch (City of Glasgow)

Race Starts - 1.30

2007 Team - Falkirk Victoria H

Aberdeen AAC

301 Sonia Armitage (45) Colours: White with 2 red hoops 302 Rhona Buchan (40) 303 Laura Mahady (45)

Bellahouston Harriers

304 Erica Christie (50) Colours: Dark Blue with Light Blue Cross 305 Sharon Taylor (45)

Bellahouston Road Runners

306 Shona Donnelly (40) Colours: Purple with White Band 307 Sarah Dowling (35) 308 Emma Birnie (35)

Calderglen Harriers

309 Mary Goldsmith (45) Colours: Amber and Black Vertical Stripes 310 Frances Maxwell (40)

Carnegie Harriers

311 Judith Turner (35) Colours: Orange & Green 312 Maryanne Lawrence (40) 313 Gail Murdoch (40)
314 Fabienne Thompson (40)

Carnethy Hill RC

315 Lyn Wilson (35) Colours: Yellow with Red letters

Central AC

316 Jane Waterhouse (55) Colours: Yellow and Blue 317 Ainsley Normand (35) 318 Hazel Dean (45)
319 Polly Harrison (35) 320 Fiona Kelsall (35) 321 Mary Kerr (40)
322 Andrina Buchanan (45)

Corstorphine AAC

323 Jillian Hogg (35) Colours: White with Black Trim

Dunbar Running Club

324 Anne Hay (45) Colours: White with Green Diagonal

Edinburgh AC

325 Susan Ridley (40) Colours: White with one Blue, one Black Hoop 326 Karen Dobbie (40) 327 Marietta Beal (35)
328 Catherine Ferry (35) 329 Lucy Colquhoun (35)

Fife AC

330 Jane Askey (65) Colours: White with Red Band 331 Innes Bracegirdle (50) 332 Lorraine Brown (40) 333 Louise Burt (40)
334 Kim MacGregor (50) 335 Pamela Howat (65) 336 Liz Killan (40) 337 Sarah Legge (35)
338 Phyllis Lemoncello (60) 339 Carole Melville (65) 340 Ann Millar (65)
341 Mary Mitchell (60) 342 Hilary Ritchie (45) 343 Carrie Ruxton (40)
344 Catharine Sinclair (40) 345 Jocelyn Scott (50) 346 Fiona Walker (40)

Garscube Harriers

347 Alison Winship (35) Colours: White with Blue Band 348 Kirsty Husband (40) 349 Mairi Stanley (35)
350 Heather McIntosh (45) 351 Lesley Chapman (50) 352 Roisin Lynch (50)

Haddington East Lothian Pacemakers

353 Julie Oswald (35) Colours: Red and White Halves

Helensburgh AAC

354 Julia Henderson (35) Colours: Yellow with Red Band 355 Michelle Hetherington (40) 356 Anna Wylie (50)

Hunters Bog Trotters 357 Jane Hart (35) 360 Janice Smith (50)	Colours: Brown 358 Michelle Jeffrey (35) 359 Deborah MacDonald (45)
Inverclyde AC 361 Rhona Bushfield (45)	Colours: Black & White Stripes 362 Claire Kelly (40) 363 Alma Imponeti (55)
Irvine AC 364 Helen Morton (45)	Colours: Red with Black Trim 365 Elizabeth McGarry (50) 366 Mary Miller (45)
Kilbarchan AAC 367 Kate O'Brien (40)	Colours: Gold with Black Hoop 368 Wanda Phillips (45)
Kilmarnock Harriers 369 Paula Wilson (40) 372 Allison Simpson (35)	Colours: Royal Blue with 2 White Stripes 370 Marion Burns (45) 371 Elizabeth McDerment (35)
Kirkintilloch Olympians 373 Ada Stewart (40) 376 Marie McChord (45)	Colours: Sky Blue with White and Black Hoops 374 Shirley MacNab (40) 375 Annmarie McCaffrey (35)
Livingston & District AAC 377 Yvonne Crilly (45)	Colours: Yellow with Green Stripe 378 Sue McDowall (45)
Lothian Running Club 379 Carol Mabon (50)	Colours: Blue with Black letters
Pitreavie AAC 380 Hazel Bradley (55)	Colours: Navy/Yellow/White
Springburn Harriers 381 Clare Gemmell (35) 384 Caroline Brownlie (35)	Colours: Navy Blue with White Diamond 382 Marlene Hunter (35) 383 Anne-Marie Hughes (45) 385 Lynne Marr (45) 386 Julie Thomson (40)
Teviotdale Harriers 387 Catriona M Young (40)	Colours: White with Maroon Band 388 Donna Inglis (40) 389 Sylvia Grieve (35)
Victoria Park City of Glasgow 390 Susan Finch (45)	Colours: Blue and White Hoops
Wee County Harriers 391 Beryl Junnier (45)	Colours: Navy and Orange 392 Hilda Paton (50)
Westerlands CCC 393 Pauline McAdam (50)	Colours: Yellow with Black "W" on Back

Masters Men

Declarations Close- 1.45

2007 Winner Steve Cairns (Hunters Bog Trotters)

Race Starts - 2.15

2007 Team - Shettleston H

Aberdeen AAC 1 Frank Boyne (40)	Colours: White with 2 red hoops
Ayr Seaforth AAC 2 Laurence Baker (45) 5 Calum Webster (40)	Colours: White with Red Diagonal Cross 3 Brian Dunn (50) 4 Tom McCulloch (55)
Bellahouston Harriers 6 Campbell Joss (50) 9 Stephen McLean (70)	Colours: Dark Blue with Light Blue Cross 7 Iain Burke (55) 8 Anthony Quinn (50) 10 Jeremy Garnett (50) 11 Stewart Collins (40)
Bellahouston Road Runners 12 Douglas MacGregor (45) 15 Alex McIndoe (50) 18 Robert McEwan (50) 21 Mark Johnston (35)	Colours: Purple with White Band 13 Greig Glendinning (35) 14 Russell Whittington (35) 16 Andrew Birnie (35) 17 Peter Gallanajh (35) 19 Scott Kennedy (35) 20 Kenneth Richmond (35)
Caldergleng Harriers 22 Russell Couper (40) 25 David Herbertson (35) 28 David Watt (45) 31 Scot Hill (40)	Colours: Amber and Black Vertical Stripes 23 Charles Steven (45) 24 Edward Reid (45) 26 Martin Duthie (45) 27 Alan Derrick (40) 29 Gerard Mullen (45) 30 George Stewart (45)
Carnegie Harriers 32 Robbie McKenzie (45) 35 Ian Johnston (50) 38 Thomas Lawrence (35) 41 Steven King (35)	Colours: Orange & Green 33 Ian Stewart (50) 34 Lewis Lawson (45) 36 Garry Taylor (45) 37 Roger Clark (35) 39 Phil Smithard (60) 40 Peter Morrison (35) 42 Peter Simpson (45) 43 John Fulham (35)
Carnethy Hill RC 44 John Blair-fish (55)	Colours: Yellow with Red letters
Central AC 45 James Drummond (55) 48 Robert Hutchison (45) 51 Liam McCabe (45) 54 David Hay (45)	Colours: Yellow and Blue 46 Philip Hendry (40) 47 Alex Milne (40) 49 Douglas Flynn (45) 50 John Dickson (55) 52 George McHardy (55) 53 Hugh Buchanan (45) 55 David Armour (40)
Clydesdale Harriers 56 James Austin (40) 59 Laurence Pearson (60) 62 Brian J Campbell (60) 65 John McArthur (45)	Colours: White with Black "C" 57 Paul Carroll (35) 58 Gary Dick (35) 60 John Kennedy (45) 61 Robert Young (60) 63 Pete Cartwright (65) 64 Augustine Cairney (50) 66 Peter Rudzinski (55) 67 Michael Diver (40)
Corstorphine AAC 68 Steven Blair (40)	Colours: White with Black Trim 69 Graeme Fletcher (45) 70 Michael Anderson (35)
Dumbarton AAC 71 Frank Yeoman (60) 74 Stewart Sloss (35)	Colours: Black with Red Band 72 Peter Walsh (50) 73 Neil Prior (40) 75 David Pollard (45)

Dumfries Running Club
76 Leslie Hill (50)

Colours: White with Maroon and Sky blue Hoops

Dunbar Running Club
77 Stuart Symington (50)
80 Stuart Hay (40)

Colours: White with Green Diagonal
78 George Gilhooley (45) 79 Ian Rowland (45)
81 Ian Sills (40) 82 Frank Weissgerber (50)

Dundee Hawkhill Harriers
83 John Castle (40)
86 Charles Love (60)
89 Alistair Macdonald (40)
92 Stephen Borland (50)

Colours: Blue and White Quarters
84 Stephen Mason (40) 85 Stuart Kerr (50)
87 Stephen Cromar (65) 88 Matthew Strachan (40)
90 Craig Ross (50) 91 Charles Haskett (50)

Edinburgh AC
93 Graham Beal (35)
96 Owen Flage (35)
99 Andrew Laycock (40)
102 Alex MacEwen (50)
105 Garry Robertson (45)
108 Neil Thin (45)

Colours: White with one Blue, one Black Hoop
94 Martin Craven (65) 95 Martin Ferguson (40)
97 William Gallacher (55) 98 Brian Howie (55)
100 Keith Lyall (45) 101 Juan Mareque (35)
103 Walter McCaskey (70) 104 Lars Ottemoller (35)
106 John Steel (40) 107 Eric Stevenson (55)
109 Adam Ward (45) 110 Jonathan Whitehead (50)

Falkirk Victoria Harriers
111 John Denholm (55)
114 John Martin (50)

Colours: Black with Gold Band
112 David Bunyan (55) 113 Andrew Ronald (40)

Ferranti AAC
115 Derek Burgess (45)
118 John Gavin (55)

Colours: Yellow with Black letters
116 James Shaw (70) 117 Iain Shaw (40)
119 Trevor Ridley (50)

Fife AC
120 Andrew Barker (60)
123 Brian Cruickshank (40)
126 Hugh D. McKay (45)
129 Christopher Russell (35)
132 David Weir (45)

Colours: White with Red Band
121 Colin Brown (40) 122 Chris Clark (55)
124 Douglas Gunstone (55) 125 John Kay (45)
127 John McNally (70) 128 Douglas Robertson (45)
130 Mel Scobie (60) 131 Tom Scott (55)

Gala Harriers
133 Robin Murray (50)
136 Graham Pogson (45)

Colours: White with Green Band
134 Alistair Laurie (40) 135 Martin Clarke (50)

Garscube Harriers
137 Lindsay Cunningham (35)
140 David Geddes (50)
143 Lindsay Wilson (50)

Colours: White with Blue Band
138 Stephen Cullen (50) 139 Ewan McKay (35)
141 Andrew Griffiths (55) 142 James Taylor (40)
144 Athole Smith (45)

George Heriots School
145 David Armstrong (50)

Colours: White with Blue Band

Giffnock North AAC
146 Hugh Gallagher (50)

Colours: Amber with Royal Blue Hoop

Greenock Glenpark Harriers
147 Stephen McLoone (45)
150 Robert Wilson (50)

Colours: Sky Blue with Royal Blue and Gold Hoops
148 Daniel McLaughlin (45) 149 Graham Kane (45)
151 Michael McLoone Snr (40)

Haddington East Lothian Pacemakers
152 Peter Probin (60)

Colours: Red and White Halves
153 George Armstrong (65)

Helensburgh AAC
154 Erwin Losekoot (40)
157 Paul Thompson (50)

Colours: Yellow with Red Band
155 Kenneth White (55) 156 Alistair Wylie (50)

Highgate Harriers
158 Craig Ross (50)

Hunters Bog Trotters
159 Duncan Baker (45)
162 Steven Cairns (40)
165 Geoffrey Mitchell (45)
168 Mark Roberts (35)
171 Richard Wall (50)

Colours: Brown
160 Tom Barr (35) 161 Stewart Barrie (40)
163 Ian Campbell (40) 164 Billy Minto (40)
166 Don Naylor (35) 167 Ivor Normand (40)
169 Jamie Thin (40) 170 Robin Thomas (50)

Individuals
172 Jim Norton (50)

173 Arnott Kidd (70) 174 Michael McCluskey (45)

Inverclyde AC
175 Gerard Gaffney (50)
178 Tom Tracey (55)

Colours: Black & White Stripes
176 Robert Shaw (50) 177 Samuel Way (55)

Irvine AC
179 Andrew Rennie (55)
182 Finlay Dowell (45)
185 Colin Miller (50)
188 David Kerr (70)
191 Steven Connell (40)
194 Joseph McNamee (45)

Colours: Red with Black Trim
180 James Sneddon (40) 181 John Moore (40)
183 David Millar (35) 184 Alex Allardyce (35)
186 Brian Craig (45) 187 Michael Flinn (55)
189 Ian Berryman (50) 190 Alastair MacFarlane (35)
192 Ian McManus (65) 193 George Irving (40)
195 Iain Hamilton (60) 196 James White (55)

Kilbarchan AAC
197 Robert Quinn (40)
200 Thomas Hearle (40)
203 Steven Hards (45)
206 Robert Connell (45)
209 Gardner Masson (60)

Colours: Gold with Black Hoop
198 James Snodgrass (40) 199 John McMillan (35)
201 Donald Petrie (50) 202 Donald Kennedy (35)
204 David Mewse (55) 205 James McMillan (60)
207 Thomas Anderson (45) 208 James Ogilvie (40)

Kilmarnock Harriers
210 Scott Martin (35)
213 David Mitchell (40)
216 Eddie Tonner (35)

Colours: Royal Blue with 2 White Stripes
211 Harald Bartl (45) 212 Connell Drummond (35)
214 Alasdair Murray (40) 215 Graham Cairns (50)
217 Jim Goldie (35) 218 John Cairns (45)

Kirkintilloch Olympians
219 Stuart Kerr (35)
222 Gary Mitchell (40)

Colours: Sky Blue with White and Black Hoops
220 Alistair Allan (35) 221 Robert Rogerson (45)
223 Thomas McChord (50)

Law & District AAC
224 William Drysdale (70)

Colours: Amber with 2 Red Bands and 1 White Band
225 James Rowley (60) 226 Jim Baird (40)

Livingston & District AAC
227 Ian Leggett (65)

Colours: Yellow with Green Stripe

Lothian Running Club
228 David Mabon (50)
231 David Bell (40)

Colours: Blue with Black letters
229 Graeme Ackland (45) 230 Scott Nelson (40)
232 James Alexander (45)

Metro Aberdeen RC 233 Keith Varney (50) 236 Bruce Moroney (45) 239 William Reid (40)	Colours: Black/Yellow Quarters 234 Peter Jennings (50) 237 Robert Taylor (45) 240 Neil Murdock (60)	235 Mark Johnson (50) 238 Colin Youngson (60) 241 John Matheson (40)
Mid Argyll AC 242 Andrew Law (50)	Colours: Yellow with 2 Black vertical Bands	
Moray Road Runners 243 Ewan Paterson (55) 246 John C MacGregor (55)	Colours: Dayglow yellow with Black Trim 244 Colin Green (35)	245 George Sim (55)
Ochil Hill Runners 247 Ron McCraw (45) 250 David Scott (50)	248 Peter Buchanan (45)	249 James MacEwan (40)
Perth Road Runners 251 Stephen Ferguson (50)	Colours: Green and White 252 Derek Phillips (45)	253 Colin Campbell (65)
Pitreavie AAC 254 Jeff Farquhar (45)	Colours: Navy/Yellow/White 255 Archibald Duncan (60)	
Ron Hill Cambuslang Harriers 256 John Brown (45) 259 Alexander Eaglesham (50) 262 Edward Stewart (50) 265 Stephen Wylie (35)	Colours: Red with White Band 257 Brian Campbell (35) 260 Greg Hastie (35) 263 Charles Thomson (40)	258 Colin Donnelly (45) 261 Archie Jenkins (55) 264 Kerry Wilson (35)
Shettleston Harriers 266 Desmond Crowe (45) 269 Peter Carton (50) 272 Denis Williams (45)	Colours: Blue with Yellow Band 267 John Duffy (40) 270 Robert Soutar (40) 273 Dermot McGonigle (45)	268 Andy Little (40) 271 Ian Johnston (35)
Strathearn Harriers 274 Ian Beattie (40)		
Swindon Harriers 275 Brian Gardner (50)		
Teviotdale Harriers 276 David Cavers (40) 279 Billy Fraser (45) 282 Colin Nichol (40)	Colours: White with Maroon Band 277 Craig Grieve (35) 280 Alister Biggar (35) 283 Alan Reid (55)	278 Alan Inglis (35) 281 Raymond Jaffray (40)
Troon Tortoises AC 284 Charles Martin (45)	Colours: Yellow with 2 Black Half hoops 285 George McGregor (60)	286 Owen Light (75)
Westerlands CCC 287 Graeme Orr (60) 290 Daniel Reid (45)	Colours: Yellow with Black "W" on Back 288 Chris Upson (40) 291 David Calder (45)	289 Scott McKendrick (35)
East Kilbride AC 292 Graeme Haddow (45) 295 David Condra (45)	Colours: Gold with 2 Black Bands 293 Gordon Colvin (45) 296 William Taylor (40)	284 Edgar Ramage (50)

PREVIOUS MALE MASTERS CHAMPIONS

M40	M60
1972 W.Stoddart (Greenock Wellpark H.)	1972 J.E.Farrell (Maryhill H.)
1973 W.Stoddart (Greenock Wellpark H.)	1973 H.Smith (Maryhill H.)
1974 C.McAlinden (Paisley H.)	1974 J.E.Farrell (Maryhill H.)
1975 C.McAlinden (Paisley H.)	1975 G.Porteous (Maryhill H.)
1976 C.McAlinden (Paisley H.)	1976 G.Porteous (Maryhill H.)
1977 W.Stoddart (Greenock Wellpark H.)	1977 G.Porteous (Maryhill H.)
1978 W.Stoddart (Greenock Wellpark H.)	1978 A.Forbes (Victoria Park AAC)
1979 W.Stoddart (Greenock Wellpark H.)	1979 J.E.Farrell (Maryhill H.)
1980 D.McGregor (Fife AC)	1980 A.Forbes (Victoria Park AAC)
1981 M.Craven (Edinburgh Southern H.)	1981 D.Morrison (Shettleston H.)
1982 A.Brown (Clyde Valley AC)	1982 G.Porteous (Maryhill H.)
1983 D.McGregor (Fife AC)	1983 J.Clark (Clyde Valley AC)
1984 R.Hodelet (Greenock Glenpark H.)	1984 J.Kelly (Shettleston H.)
1985 R.Hodelet (Greenock Glenpark H.)	1985 J.Clark (Clyde Valley AC)
1986 B.Scobie (Maryhill H.)	1986 M.Scott (Haddington ELP)
1987 B.Scobie (Maryhill H.)	1987 W.Temple (Unattached)
1988 C.Youngson (Aberdeen AAC)	1988 W.Marshall (Motherwell YMCA)
1989 C.Youngson (Aberdeen AAC)	1989 W.Marshall (Motherwell YMCA)
1990 G.Meredith (Victoria Park AAC)	1990 W.Marshall (Motherwell YMCA)
1991 I.Elliott (Teviotdale H.)	1991 W.Marshall (Motherwell YMCA)
1992 I.Elliott (Teviotdale H.)	1992 W.Stoddart (Greenock Wellpark H.)
1993 B.Kirkwood (Racing Club Edinburgh)	1993 A.Brown (Law & District AAC)
1994 B.Kirkwood (Racing Club Edinburgh)	1994 A.Brown (Law & District AAC)
1995 B.Kirkwood (Leslie Deans Racing C)	1995 B.Gauld (Carnethy HRC)
1996 B.Kirkwood (Leslie Deans Racing C)	1996 T.O'Reilly (Springburn H.)
1997 F.Clyne (Metro Aberdeen RC)	1997 T.O'Reilly (Springburn H.)
1998 E.Stewart (Ron Hill Cambuslang H)	1998 J.Maitland (Lochaber AC)
1999 K.Varney (Metro Aberdeen RC)	1999 B.Waldie (Carnethy HRC)
2000 C.Donnelly (Ron Hill Cambuslang H)	2000 B.Waldie (Carnethy HRC)
2001 C.Donnelly (Ron Hill Cambuslang H)	2001 G.Black (Fife AC)
2002 T.Murray (Inverclyde AC)	2002 S.Cromar (Dundee Hawkhill H)
2003 C.Meek (Lothian RC)	2003 A.Fowle (City of Hull)
2004 A.Robertson (Ron Hill Cambuslang)	2004 R.Young (Clydesdale H)
2005 A.Little (Shettleston H.)	2005 R.Young (Clydesdale H)
2006 A.Little (Shettleston H.)	2006 G.Mitchell (Inverness H)
2007 A.Little (Shettleston H.)	2007 A.Duncan (Pitreavie AAC)
M45	M65
1989 A.Adams (Dumbarton AAC)	1989 T.Harrison (Maryhill H.)
1990 A.Adams (Dumbarton AAC)	1991 H.McGinley (Falkirk Victoria H.)
1991 A.Adams (Dumbarton AAC)	1992 W.Gillespie (Falkirk Victoria H.)
1992 A.Adams (Dumbarton AAC)	1993 W.Marshall (Scottish Veteran H.)
1993 C.Youngson (Aberdeen AAC)	1994 W.Marshall (Cambuslang H.)
1994 B.Emmerson (Teviotdale H.)	1995 W.Marshall (Cambuslang H.)
1995 B.Emmerson (Teviotdale H.)	1996 W.Marshall (Cambuslang H.)
1996 G.Sim (Moray Road Runners)	1997 W.McBrinn (Shettleston H.)
1997 B.Emmerson (Teviotdale H.)	1998 B.McFall (City of Edinburgh AC)
1998 B.Kirkwood (Mizuno RC)	1999 B.McFall (City of Edinburgh AC)
1999 B.Kirkwood (Mizuno RC)	2000 T.O'Reilly (Springburn H)
2000 B.Kirkwood (Mizuno RC)	2001 W.McCaskey (City of Edinburgh AC)
2001 F.Clyne (Metro Aberdeen RC)	2002 T.O'Reilly (Springburn H)
2002 I.Stewart (EZ Carnegie H)	2003 W.McCaskey (City of Edinburgh AC)
2003 G.Gaffney (Inverclyde AC)	2004 S.Cromar (Dundee Hawkhill H)
2004 B.Gardner (Swindon H)	2005 S.Cromar (Dundee Hawkhill H)
2005 E.Stewart (Ron Hill Cambuslang)	2006 S.Cromar (Dundee Hawkhill H)
2006 I.Stewart (Carnegie H)	2007 S.Cromar (Dundee Hawkhill H)
2007 C.Donnelly (Ron Hill Cambuslang)	

M50

1972 A.Forbes (Victoria Park AAC)
 1973 W.J. Ross (Garscube H.)
 1974 G.Martin (Springburn H.)
 1975 T.Harrison Maryhill H.)
 1976 C.O'Boyle (Clydesdale H)
 1977 R.Kane (Victoria Park AAC)
 1978 W.Marshall (Clyde Valley H.)
 1979 H.Mitchell (Shettleston H.)
 1980 W.Marshall (Motherwell YMCA)
 1981 W.Marshall (Motherwell YMCA)
 1982 W.Stoddart (Greenock Wellpark H)
 1983 A.Wood (Aberdeen AAC)
 1984 W.Stoddart (Greenock Wellpark H)
 1985 W.Stoddart (Greenock Wellpark H)
 1986 W.Stoddart (Greenock Wellpark H)
 1987 J.Irvine (Bellahouston H.)
 1988 W.Stoddart (Greenock Wellpark H)
 1989 J.Maitland (Lochaber AC)
 1990 J.Linaker (Pitreavie AAC)
 1991 D.McGregor (Fife AC)
 1992 G.Armstrong (Haddington ELP)
 1993 D.McGregor (Fife AC)
 1994 A.Adams (Dumbarton AAC)
 1995 A.Adams (Dumbarton AAC)
 1996 A.Duncan (BT Pitreavie AAC)
 1997 D.Gemmell (Clydesdale H.)
 1998 C.Youngson (Metro Aberdeen RC)
 1999 C.Youngson (Metro Aberdeen RC)
 2000 C.Youngson (Metro Aberdeen RC)
 2001 C.Noble (Metro Aberdeen RC)
 2002 A.McLinden (Hamilton H)
 2003 G.Sim (Moray Road Runners)
 2004 B.Kirkwood (Phoenix Racers)
 2005 B.Kirkwood (Lasswade AAC)
 2006 F.Barton (Ron Hill Cambuslang H)
 2007 E.Stewart (Ron Hill Cambuslang H)
 M55
 1989 H.Gibson (Hamilton H)
 1990 H.Rankin (JW Kilmarnock AC)
 1991 W.Gauld (Carnethy HRC)
 1992 H.Rankin (JW Kilmarnock AC)
 1993 W.Gauld (Carnethy HRC)
 1994 H.Morrison (Edinburgh AC)
 1995 J.Linaker (BT Pitreavie AAC)
 1996 J.Linaker (BT Pitreavie AAC)
 1997 J.Linaker (B Pitreavie AAC)
 1998 P.Cartwright (Falkirk VH)
 1999 G.Fleming (Westerland CCC)
 2000 B.Young (Clydesdale H)
 2001 T.Dolan (Ron Hill Cambuslang H)
 2002 T.Dolan (Ron Hill Cambuslang H)
 2003 G.Mitchell (Inverness H)
 2004 C.Youngston (Metro Aberdeen RC)
 2005 T.Scott (Fife AC)

M70

1992 T.Harrison Maryhill H.)
 2004 B.McFall (City of Edinburgh)
 2005 W.McCaskey (City of Edinburgh)
 2006 W.McCaskey (City of Edinburgh)
 2007 W.McCaskey (City of Edinburgh)

TEAMS

1972 Greenock Wellpark H.
 1973 Springburn H.
 1974 Springburn H.
 1975 Springburn H.
 1976 Springburn H.
 1977 Edinburgh AC
 1978 Springburn H.
 1979 Edinburgh Southern H.
 1980 Edinburgh Southern H.
 1981 Clyde Valley AC
 1982 Clyde Valley AC
 1983 Edinburgh Southern H.
 1984 Shettleston H.
 1985 Shettleston H.
 1986 Pitreavie AAC
 1987 Pitreavie AAC
 1988 Aberdeen AAC
 1989 Aberdeen AAC
 1990 Aberdeen AAC
 1991 Teviotdale H
 1992 Aberdeen AAC
 1993 Teviotdale H
 1994 Teviotdale H
 1995 Dumbarton AAC
 1996 Cambuslang H
 1997 Cambuslang H
 1998 Ron Hill Cambuslang H
 1999 Ron Hill Cambuslang H
 2000 Ron Hill Cambuslang H
 2001 Ron Hill Cambuslang H
 2002 Ron Hill Cambuslang H
 2003 Shettleston Harriers
 2004 Ron Hill Cambuslang H
 2005 Shettleston Harriers
 2006 Shettleston Harriers
 2007 Shettleston Harriers

M35

2006 S.Pride (Forres H)
 2007 S.Cairns (Hunters Bog T)

2006 T.Scott (Fife AC)

2007 G.Sim (Moray Road Runners)

PREVIOUS WOMEN MASTERS CHAMPIONS

W35

1993 S.Branney (City of Glasgow)
 1994 T.Thomson (BT Pitreavie AAC)
 1995 T.Thomson (BT Pitreavie AAC)
 1996 S.Armitage (Aberdeen AAC)
 1997 T.Thomson (B Pitreavie AAC)
 1998 L.Harding (Shettleston Ladies)
 1999 E. McBrinn (Shettleston Ladies)
 2000 L.Harding (Shettleston Ladies)
 2001 S.Ridley (Edinburgh WM)
 2002 E.McBrinn (Shettleston Ladies)
 2003 E.Cochrane (City of Glasgow)
 2004 S.Ridley (Edinburgh Southern H)
 2005 S.Ridley (Edinburgh Southern H)
 2006 A.Hepburn (Aberdeen AAC)
 2007 C.Gemmell (Springburn H)

W40

1993 J.Stevenson (Falkirk Victoria H)
 1994 J.Stevenson (Falkirk Victoria H)
 1995 G.Hanlon (Dundee Hawkhill H)
 1996 L. McGarry (Irvine AC)
 1997 J.Waterhouse (Central AC)
 1998 S.Branney (City of Glasgow)
 1999 T.Thomson (Pitreavie AAC)
 2000 T.Thomson (Pitreavie AAC)
 2001 S.Armitage (Aberdeen AAC)
 2002 F.Florence (Shettleston Ladies)
 2003 S.Armitage (Aberdeen AAC)
 2004 H.Dean (Central AC)
 2005 H.Dean (Central AC)
 2006 F.Matheson (Falkirk Victoria H)
 2007 S.Finch (City of Glasgow)

W45

1993 M.Robertson (Dundee Roadrunners)
 1994 P.Lemoncello (Fife AC)
 1995 M.Robertson (Dundee Road Runners)
 1996 J.Stevenson (Falkirk Victoria H.)
 1997 J.Stevenson (Falkirk Victoria H)
 1998 D.Monteith (Loudoun Runners)
 1999 J.Waterhouse (Central AC)
 2000 J.Waterhouse (Central AC)
 2001 J.Waterhouse (Central AC)
 2002 P.Affleck (Gala H)
 2003 K.Mearns (Aberdeen AAC)
 2004 H.Morton (Irvine AC)
 2005 P.Rother (Lothian RC)
 2006 C.Lawless (Falkirk Victoria H)
 2007 F.Mathieson (Falkirk Victoria H)

W50

1993 S.Roger (Dundee Roadrunners)
 1994 J.Phillips (Lasswade AC)
 1995 J.Byng (Irvine AC)
 1997 J.Byng (Irvine AC)
 1998 P.Lemoncello (Fife AC)
 1999 P.Lemoncello (Fife AC)
 2000 P.Lemoncello (Fife AC)
 2001 H.Bradley (Pitreavie AAC)
 2002 J.Stevenson (Falkirk Victoria H)
 2003 J.Waterhouse (Central AC)
 2004 J.Waterhouse (Central AC)
 2005 J.Waterhouse (Central AC)
 2006 J.Scott (Fife AC)
 2007 J.Waterhouse (Central AC)

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1993 M.Moore (Kilbarchan AAC)
 1994 M.Moore (Kilbarchan AAC)
 1995 M.Moore (Kilbarchan AAC)
 1996 M.Gallacher (Maryhill H.)
 2003 P.Lemoncello (Fife AC)
 2004 P.Lemoncello (Fife AC)
 2005 P.Lemoncello (Fife AC)
 2006 J.Stevenson (Falkirk Victoria H)
 2007 J.Stevenson (Falkirk Victoria H)

TEAMS

1993 Fife AC
 1994 Fife AC
 1995 Livingston & D AAC
 1996 Aberdeen AAC
 1997 B Pitreavie AAC
 1998 Shettleston Ladies
 1999 Shettleston Ladies
 2000 Pitreavie AAC
 2001 Shettleston Ladies
 2002 Gala Harriers
 2003 Central AC
 2004 Perth Road Runners
 2005 Falkirk Victoria Harriers
 2006 Falkirk Victoria Harriers
 2007 Falkirk Victoria Harriers

NATIONAL MASTERS CHAMPIONSHIP VENUES

2008	IRVINE
2007	BATHGATE
2006	FORRES
2005	GLASGOW
2004	CUPAR
2003	FORRES
2002	GLASGOW
2001	ABERDEEN
2000	CUMNOCK
1999	HAWICK
1998	TROON
1997	EDINBURGH
1996	ELGIN
1995	HAWICK
1994	TROON
1993	ST ANDREWS
1992	TROON
1991	LINLITHGOW
1990	DUMFRIES
1989	ABERDEEN
1988	CLYDEBANK
1987	MUSSELBURGH
1986	BISHOPBRIGGS
1985	COATBRIDGE

The First Masters National Cross Country Championships in Irvine

Although numerous Cross Country championships have been held at Irvine, mostly at the Magnum Centre this is the 1st Masters.

Ayrshire has hosted them on 4 occasions at Troon in 1992, 1994 and 1998 and Cumnock in 2000.